



2011 Results

From

August 12th – 21st

Fairbanks, Alaska

ARCHERY

Commissioner: Roger Weggel

300 Indoor Round

Barebow Compound

Women (Age 50-54) – Gold	RJ Nelson	164
Men (Age 50-54) – Gold	Jeffrey Rentzel	158

Barebow Recurve

Men (Age 60-64) – Gold	Charles Carson	147
Men (Age 65-69) – Gold	Lamar Woods	173

Compound Unlimited Release

Men (Age 55-59) – Gold	Andrew Pancho	273
Men (Age 60-64) – Gold	Allen Renfroe	213
Men (Age 65-69) – Gold	Lloyd Jones	207

Recurve Limited

Men (Age 55-59) – Gold	Roger Weggel	251
Men (Age 60-64) – Gold	Joe Mattie	237

BALLROOM DANCING

Commissioner: Kurt Byers

Foxtrot – American, Swing – East Coast, Waltz – American Slow

(Age 50-54)	Gold	Colleen Redman & Mike Young
	Silver	RJ Nelson & Bill Blockcolsky
(Age 55-59)	Gold	Barb Lorz & Stan Justice
(Age 75-79)	Gold	Jackie Miller & Dallas Roots

BASKETBALL 3-on-3

Commissioner: Cody Burgess

Gold	Youngsters
Silver	Know Shows
Bronze	Post 57

(Age 50-54)	Youngsters – Silas Alexander, Robert Solomon, John Gebhardt, Charles Stevenson
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(Age 55-59) Post 57 – Michael Davis, Mike Madden, Jerry Phillips,
Kenny White
(Age Sixties) Know Shows – John Fox, Rick Stanton, Bob Ritchie

BOCCE

Commissioner: Clarice Dukeminier

Singles

Women (Age 50-54) – Gold	RJ Nelson
Women (Age 55-59) – Gold	Geri Grodzinsky
Silver	Deb Medlin
Bronze	Diann Darnall
4	Pat DeRuyter
Women (Age 60-64) – Gold	Linda Wells
Silver	Diane Casterline
	Marilyn Russell
Participants	Laura Mae Harmon
	Tammy Langley
Women (Age 65-69) – Gold	Clarice Dukeminier
Silver	Carolyn Boran
Women (Age 70-74) – Gold	Margaret Henderson
Silver	Peggy Birkenbuel
Women (Age 75-79) – Gold	Elaine Elbert
Silver	Mary Ann Nickles
Bronze	Ellen Brown
4	Colleen Redman
Women (Age 80-84) – Gold	Sister Pat Mayer
Men (Age 50-54) – Gold	John Lysen
Men (Age 55-59) – Gold	Ruben Larranaga
Men (Age 60-64) – Gold	Fred Bongiovanni
Men (Age 65-69) – Gold	Dan Wells
Men (Age 70-74) – Gold	Jim Cavanaugh
Men (Age 75-79) – Gold	David Watson
Silver	Don Dahlke
Men (Age 80-84) – Gold	Dallas Roots
Silver	Bill Blockcolsky

Doubles

Gold	Diann Darnall & Geri Grodzinsky
Silver	Jim Cavanaugh & Don Dahlke

Bronze Linda Wells & Dan Wells
RJ Nelson & Bill Blockcolsky

Participants: Diane Casterline & Dede Huraux, Ruth Knapman & Dallas Roots, Deb Medlin & Carolyn Boran, Pat DeRuyter & Clarice Dukeminier, Marc Hummel and Nancy Hummel, John Lysen & Peggy Birkenbuel, Margaret Henderson & Sister Pat Mayer

BOWLING

Commissioner: Charlotte Perotti

Singles

Women (Age 50-54) – Gold	Wanda Lindsoe	484
Silver	Ginni Murphy	463
Bronze	Bev Peterson	429
Women (Age 55-59) – Gold	Carol Kleckner	481
Silver	Roslyn Sandland	336
Women (Age 60-64) – Gold	Marcia Holm	430
Silver	Diane Casterline	288
Women (Age 65-69) – Gold	Karen Sours	436
Silver	Jo Small	430
4	Bonnie Sheffield	430
Charlotte Perotti		382
Women (Age 70-74) – Gold	Margaret Henderson	453
Silver	Janice Krigs vold	400
Judy Martsof		400
Women (Age 75-79) – Gold	Jannine Kendall	439
Silver	Colleen Redman	283
Women (Age 80-84) – Gold	Sister Pat Mayer	377
Men (Age 50-54) – Gold	Dan Bauman	521
Men (Age 55-59) – Gold	Don Hovda	633
Silver	Phillip Heine	596
Bronze	Jim Lewandoski	362
Men (Age 60-64) – Gold	Preechar Wongkit	604
Silver	Victor Lorengo	519
Men (Age 65-69) – Gold	Jim Holm	593
Silver	Alan Simpson	491
Bronze	Kris Laughlin	455
4	Ed Washburn	383
Men (Age 70-74) – Gold	Bruce Perotti	500
Silver	Richard Carda	445
Men (Age 75-79) – Gold	Don Cook	443

Silver	John Megyesi	398
Bronze	David Watson	267

Doubles

Women (Age 50-54) – Gold	Wanda Lindsoe & Jannine Kendall	821
Silver	Ginni Murphy & Jannine Kendall	811
Bronze	Ginni Murphy & Roslyn Sandland	756
4	Dede Huraux & Diane Casterline	464
Women (Age 60-64) – Gold	Marcia Holm & Janice Krigsvold	801
Women (Age 65-69) – Gold	Karen Sours & Janice Krigsvold	873
Silver	Jo Small & Judy Martsolf	816
Bronze	Bonnie Sheffield & Charlotte Perotti	759
Women (Age 70-74) – Gold	Margaret Henderson & Sister Pat Mayer	856
Women (Age 75-79) – Gold	Sister Pat Mayer & Colleen Redman	588
Men (Age 55-59) – Gold	Don Hovda & Jim Holm	1162
Silver	Victor Lorengo & Phillip Heine	1094
Men (Age 60-64) – Gold	Preechar Wongkit & Richard Carda	941
Men (Age 65-69) – Gold	Kris Laughlin & Alan Simpson	978
Men (Age 70-74) – Gold	John Megyesi & Bruce Perotti	904

Mixed Doubles

(Age 50-54) – Gold	Bonnie Sheffield & Dan Bauman	896
Silver	Nancy Hummel & Marc Hummel	804

(Age 55-59) –	Gold	Sister Pat Mayer & Phillip Heine	1001
(Age 60-64) –	Gold	Marcia Holm & Jim Holm	1058
	Silver	Janice Krigsvold & Victor Lorengo	994
(Age 65-69) –	Gold	Jo Small & Alan Simpson	961
	Silver	Charlotte Perotti & Bruce Perotti	870
	Bronze	Karen Sours & Kris Laughlin	807
(Age 70-74) –	Gold	Janice Krigsvold & Richard Carda	844
	Silver	Margaret Henderson & John Megyesi	784
	Bronze	Colleen Redman & Bruce Perotti	748

CYCLING

Commissioner: Rocky Reifenstuhl

10K

Women (Age 50-54) –	Gold	Sharon Baker	0:15:36
Women (Age 60-64) –	Gold	Mary Via	0:16:49
	Silver	Gail Davidson	0:17:37
	Bronze	Jane Parrish	0:18:26
Women (Age 65-69) –	Gold	Charlotte Berdahl	0:18:57
Men (Age 50-54) –	Gold	David Withoff	0:14:03
	Silver	Dan Rogers	0:15:34
	Bronze	Don Keily	0:16:53
Men (Age 55-59) –	Gold	Rocky Reifenstuhl	0:14:38
	Silver	Jerry Fillingim	0:17:48
Men (Age 60-64) –	Gold	Craig Loudon	0:14:59
		Edward Callaghan	0:14:59
	Bronze	Steve Clautice	0:15:03
	4	Stan Justice	0:15:44
	5	John Berdahl	0:20:54
Men (Age 65-69) –	Gold	Edward Buoncore	0:15:22
Men (Age 70-74) –	Gold	Wayne Grieme	0:20:07
Men (Age 80-84) –	Gold	Bill Blockcolsky	0:22:10

20K

Women (Age 50-54) – Gold	Sharon Baker	0:32:48
Women (Age 55-59) – Gold	Jane Lanford	0:35:22
Women (Age 60-64) – Gold	Mary Via	0:35:25
Silver	Gail Davidson	0:37:25
Bronze	Sarah McConnell	0:42:13
4	Jane Parrish	0:42:58
Men (Age 50-54) – Gold	David Withoff	0:29:41
Silver	Dan Rogers	0:32:44
Bronze	Don Kiely	0:36:00
Men (Age 55-59) – Gold	Craig Gardner	0:26:33
Silver	Michael Brumfield	0:28:32
Bronze	Stephen Murphy	0:29:16
4	Rocky Reifensstuhl	0:31:34
5	Daniel Caponera	0:37:04
6	Jerry Fillingim	0:39:02
Men (Age 60-64) – Gold	Steve Clautice	0:31:29
Silver	Edward Callaghan	0:31:33
Bronze	Craig Loudon	0:32:03
4	Stan Justice	0:32:12
Men (Age 65-69) – Gold	Edward Buoncore	0:33:02
Silver	Michael Rotter	0:41:23
Men (Age 70-74) – Gold	Wayne Grieme	0:42:21
Men (Age 80-84) – Gold	Bill Blockcolsky	0:49:15
Silver	John Rogers	0:51:44

DISC GOLF

Commissioner:

Logan Lyle

Partners (scored)

Women

Gold	Carol Johnson & Becky Schaffer	35
Silver	Diann Darnall & Geri Grodzinski	38

Mixed

Gold	Jim Lewandoski & Barbara Pierson	29
Silver	Rick Robertson	

	& Laura Mae Harmon	30
Bronze	John Lysen	
	& Michele Lysen	33
4	Dan Wells	
	& Linda Wells	36
4	Clyde Lorenz	
	& RJ Nelson	36
6	John Berdahl	
	& Charlotte Berdahl	39
7	Tommie Sterner	
	& Shirley Sterner	42

GOLF

Commissioner: Pat DeRuyter

Women (Age 55-59) – Gold	Rikke Mery	317
Women (Age 60-64) – Gold	Pat DeRuyter	270
Silver	Shari Howard	341
Women (Age 65-69) – Gold	Fran Westervelt	277
Silver	Clarice Dukeminier	319
Bronze	Barbara Pomar	331
Women (Age 70-74) – Gold	Barbara Mee	337
Silver	Donna Wells	351
Bronze	Jane McConkey	353
4	Peggy Birkenbuel	435
Men (Age 50-54) – Gold	Silas Alexander	278
Silver	John Lysen	329
Bronze	Jeffrey Rentzel	420
Men (Age 55-59) – Gold	Paul Lindhag	227
Silver	Carl Cady	255
Men (Age 60-64) – Gold	Mike Stackhouse	279
Men (Age 65-69) – Gold	Ron Teel	246
Silver	Vince Mee	268
Bronze	Craig Salsbury	272
4	Dick Morris	284
5	LeRoy Wiedeman	295
6	Emery Mowrey	325
7	Danny Maninger	396
Men (Age 70-74) – Gold	Del Berg	295
Men (Age 75-79) – Gold	Alfred Ketzler, Sr	284

HORSESHOES

Commissioner:

Walter Crary

Singles

Women (Age 50-54) – Gold	Kelley MacDonald
Silver	RJ Nelson
Women (Age 55-59) – Gold	Diann Darnall
Silver	Deb Medlin
Women (Age 60-64) – Gold	Dora Eikland
Silver	Shirley Sterner
Bronze	Suzanne Henning
Women (Age 65-69) – Gold	Nellie Backstrom
Silver	Diane Perkins
Women (Age 70-74) – Gold	Linda Miller
Silver	Peggy Birkenbuel
Women (Age 75-79) – Gold	Colleen Redman
Silver	Mary Ann Nickles

Men (Age 50-54) – Gold	Laird Grantham
Silver	John Lysen
Men (Age 55-59) – Gold	Scott MacDonald
Silver	Michael Davis
Men (Age 60-64) – Gold	John Curtis
Silver	Al Cavan
Men (70-74) – Gold	Dwayne Backstrom
Men (Age 75-79) – Gold	Don Dahlke
Silver	John Megyesi
Men (Age 80-84) – Gold	Dallas Roots
Silver	Bill Blockcolsky

ICE HOCKEY - COED

Commissioner:

Joy McDonald

Scramble Tournament

Gold	Blue	3 won – 1 lost
Silver	Red	2 won – 2 lost
Bronze	White	1 won – 3 lost

MINI GOLF

Commissioner:

Ritchie Musick

Singles – 18 hole

Women (Age 50-54) – Gold	RJ Nelson
Silver	Kelley MacDonald
Bronze	Michele Lysen
Women (Age 55-59) – Gold	Bett Schaffhauser
Silver	Deb Medlin
Bronze	Peg Schaffhauser
4	Diann Darnall
Women (Age 60-64) – Gold	Linda Wells
Silver	Shirley Sterner
Bronze	Carol Johnson
4	Diane Casterline
4	Laura Mae Harmon
6	Geri Grodzinsky
7	Cheryl Barrett
Women (Age 65-69) – Gold	Wynola Possenti
Silver	Diane Perkins
Bronze	Marlin Collins
Women (Age 70-74) – Gold	Ritchie Musick
Silver	Peggy Birkenbuel
Bronze	Judy Martsof
Women (Age 75-79) – Gold	Phyllis Sheets
Silver	Grace Howard
Bronze	Ellen Brown
4	Elaine Elbert
Men (Age 50-54) – Gold	John Lysen
Men (Age 55-59) – Gold	Scott MacDonald
Silver	Rick Robertson
Men (Age 65-69) – Gold	Ray McPherson
Silver	Tommie Sterner
Bronze	Dan Wells
Men (Age 75-79) – Gold	Don Dahlke
Silver	Dave Watson
Men (Age 80-84) – Gold	Dallas Roots

Silver

& Jack Tragus
John Berdahl
& John DeRuyter

5K ROAD RACE

Commissioner: Jane Lanford

Women (Age 50-54) – Gold	Sharon Baker	25:07
Silver	Carol Williams	30:07
Women (Age 55-59) – Gold	Jane Lanford	22:24
Silver	Norma Haubensstock	25:07
Bronze	Carol Kleckner	25:24
Women (Age 60-64) – Gold	Gail Koepf	26:24
Silver	Bobbie Ritchie	28:30
Bronze	Linda Unsicker	29:40
4	Carol Johnson	31:59
5	Gail Davidson	34:59
6	Susan McMahon	40:27
7	Sarah McConnell	41:38
Women (Age 70-74) – Gold	Cam Carlson	38:28
Women (Age 75-79) – Gold	Margret Van Flein	46:47
Silver	Ruth Knapman	59:19
Bronze	Pauline Lopez	63:53
Men (Age 50-54) – Gold	David Withoff	20:44
Silver	Don Kiely	23:27
Bronze	Charles Stevenson	24:30
4	Shane McBurney	32:07
Men (Age 55-59) – Gold	Warren Taylor	21:40
Silver	Michael Brumfield	24:53
Bronze	Jim Lewandoski	25:05
4	Rocky Reifenstuhl	26:02
5	Ed Rouleau	27:29
6	Ernie Misewicz	29:09
Men (Age 60-64) – Gold	Steve Bainbridge	21:56
Silver	Bob Ritchie	24:35
Bronze	Rick Winther	25:19
4	Ed Callaghan	31:56
Men (Age 65-69) – Gold	William Montgrain	30:34
Men (Age 70-74) – Gold	Jim Cavanaugh	31:12
Men (Age 85-89) – Gold	Glenn Hackney	43:43

50 yard Freestyle

Women (Age 55-59) – Gold	Carol Kleckner	44.35
Women (Age 60-64) – Gold	Bobbie Ritchie	49.05
Silver	Anne Lewis	56:47
Bronze	Diane Casterline	1:08.50
Women (Age 65-69) – Gold	Maggie Billington	49.53
Women (Age 70-74) – Gold	Peggy Birkenbuel	1:13.23
Women (Age 75-79) – Gold	Margret Van Flein	52.79
Silver	MaryLou Weese	1:16.31
Bronze	Martha Markey	1:42.06
Men (Age 50-54) – Gold	Don Kiely	33.59
Silver	David Withoff	35.94
Bronze	Shane McBurney	40.00
Men (Age 55-59) – Gold	Fred Freer	35.34
Silver	Warren Taylor	50.43
Men (Age 60-64) – Gold	Ed Callaghan	52.35
Men (Age 75-79) – Gold	David Watson	1:16.25
Men (Age 80-84) – Gold	Bill Blockcolsky	53.89

100 yard Backstroke

Women (Age 55-59) – Gold	Karen Austen	2:05.65
Women (Age 65-69) – Gold	Suzie Aldrich	1:33.00
Women (Age 70-74) – Gold	Linda Miller	2:47.03
Men (Age 50-54) – Gold	Shane McBurney	1:24.47
Silver	Don Kiely	1:24.94
Men (Age 55-59) – Gold	Warren Taylor	2:28.06
Men (Age 75-79) – Gold	David Watson	3:35.44
Men (Age 80-84) – Gold	Bill Blockcolsky	2:26.20

100 yard Breaststroke

Women (Age 60-64) – Gold	Anne Lewis	2:34.82
Women (Age 70-74) – Gold	Peggy Birkenbuel	3:34.09
Women (Age 75-79) – Gold	MaryLou Weese	3:30.08
Men (Age 50-54) – Gold	David Withoff	1:24.86
Silver	Don Kiely	1:40.28
Men (Age 65-69) – Gold	Shusun Li	2:22.28
Men (Age 75-79) – Gold	David Watson	3:39.04

Mixed Doubles

(Age 50-54) –	Gold	John Lysen/Diann Darnall
	Silver	Janet Smith/Dave DeMay
	Bronze	
(Age 55-59) –	Gold	Carol Johnson/Chirk Chu
	Silver	Rick Robertson/Ritchie Musick
	Bronze	Michael Davis/Aporn Stein
(Age 60-64) –	Gold	Geri Grodzinsky/Andy Hutzal
	Silver	Jane Parrish/Jamo Parrish
	Bronze	

Draw Doubles

(All Ages)	Gold	Carol Johnson/Albert Parrish
	Silver	Chirk Chu/Albert Cavan
	Bronze	Andy Hutzal/John Lysen

TENNIS

Commissioner: Jim Hackett

Singles

Women (Age 50-54) – Gold	Rise Roy
Women (Age 55-59) – Gold	Pat Moodie
Women (Age 60-64) – Gold	Annie Armstrong
Men (Age 50-54) – Gold	Preechar Wongkit
Men (Age 55-59) – Gold	Kelly Silva
Men (Age 75-79) – Gold	Gerald Berman

Doubles

Women (Age 50-54) – Gold	Rise Roy & Lindsey Thornton
Women (Age 55-59) – Gold	Pat Moodie & Annie Armstrong
Men (Age 55-59) – Gold	Michael Leonard & Mitch Roth
Silver	Kelly Silva & William Ho

Mixed Doubles

(Age 50-54) –	Gold	Nancy Hummel & Marc Hummel Rise Roy & Kelly Silva Annie Armstrong & Rise Roy
(Age 55-59) –	Gold	Lindsey Thornton & Gerald Berman

TRACK & FIELD

Commissioner:

Jim Loftus

50 Meter Dash

Women (Age 50-54) – Gold	RJ Nelson	12.37
Women (Age 55-59) – Gold	Lindsey Thornton	9.02
Women (Age 60-64) – Gold	Bobbie Ritchie	8.54
Women (Age 65-69) – Gold	Charlotte Berdahl	13.07
Women (Age 70-74) – Gold	Cam Carlson	11.88
Silver	Peggy Birkenbuel	14.27
Men (Age 55-59) – Gold	Warren Taylor	8.14
Silver	Ed Rouleau	9.27
Men (Age 65-69) – Gold	Jim Cross	10.21
Men (Age 75-79) – Gold	Don Dahlke	13.65
Men (Age 80-84) – Gold	Bill Blockcolsky	11.62

100 meter Dash

Women (Age 50-54) – Gold	RJ Nelson	25.72
Women (Age 55-59) – Gold	Catherine Sattlethight	22.76
Women (Age 60-64) – Gold	Bobbie Ritchie	17.57
Women (Age 65-69) – Gold	Charlotte Berdahl	26.26
Women (Age 70-74) – Gold	Cam Carlson	25.28
Silver	Peggy Birkenbuel	32.14
Men (Age 55-59) – Gold	Warren Taylor	15.61
Silver	Ed Rouleau	17.06
Men (Age 60-64) – Gold	Mike Frerichs	18.26
Silver	Craig Loudon	23.73
Men (Age 65-69) – Gold	Jim Cross	19.74
Men (Age 70-74) – Gold	Jim Madonna	18.84
Men (Age 75-79) – Gold	Don Dahlke	28.20

Men (Age 60-64) – Gold	Craig Loudon	57' 1½"
Silver	Michael Madden	57' 0¾"
Bronze	Mike Frerichs	54' 4¾"
Men (Age 65-69) – Gold	Jim Cross	50' 7¼"
Men (Age 75-79) – Gold	Don Dahlke	25' 0½"
Men (Age 80-84) – Gold	Bill Blockcolsky	52' 1¼"

Long Jump

Women (Age 50-54) – Gold	RJ Nelson	4' 10¼"
Women (Age 55-59) – Gold	Lindsey Thornton	5" 9¼"
Women (Age 60-64) – Gold	Bobbie Ritchie	8' 9"
Women (Age 70-74) – Gold	Cam Carlson	5' 7"

Men (Age 50-54) – Gold	David Withoff	9' 10½"
Men (Age 55-59) – Gold	Fred Freer	13' 2"
Silver	Jim Lewandoski	12' 2"
Bronze	Warren Taylor	10' 4½"
4	Ed Rouleau	8' 8½"
Men (Age 60-64) – Gold	Michael Madden	10' 4"
Men (Age 65-69) – Gold	Jim Cross	5' 6¼"
Men (Age 80-84) – Gold	Bill Blockcolsky	6' 0"

Shot Put

Women (Age 50-54) – Gold	RJ Nelson	16' 3"
Women (Age 55-59) – Gold	Catherine Sattlethight	19' 6½"
Women (Age 60-64) – Gold	Bobbie Ritchie	26' 4½"
Silver	Tammy Langley	18' 1¼"
Bronze	Diane Casterline	13' 6¼"
Women (Age 70-74) – Gold	Peggy Birkenbuel	18' 8"
Silver	Cam Carlson	17' 0"

Men (Age 55-59) – Gold	Ed Rouleau	24' 11½"
Silver	Warren Taylor	20' 9"
Men (Age 60-64) – Gold	George McAulay	33' 10½"
Silver	Michael Madden	27' 11¾"
Bronze	Mike Frerichs	26' 7¾"
Men (Age 65-69) – Gold	Jim Cross	24' 3½"
Men (Age 80-84) – Gold	Bill Blockcolsky	27' 11¾"

Standing Long Jump

Women (Age 50-54) – Gold	RJ Nelson	3' 11½"
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TRIATHLON

Commissioner: Ed Callaghan

Individual

Women (Age 55-59) – Gold	Jane Lanford	1:32:13
Women (Age 60-64) – Gold	Gail Koepf	1:22:50
Silver	Mary Via	1:35:26
Bronze	Sarah McConnell	2:02:40
Men (Age 50-54) – Gold	David Withoff	1:09:06
Silver	Don Kiely	1:25:19
Men (Age 55-59) – Gold	Rocky Reifentuhl	1:14:05
Silver	Warren Taylor	1:20:47
Men (Age 60-64) – Gold	Ed Callaghan	1:24:23

Team Triathlon

Gold	BJ Ventures	1:25:14
	Barbara Pierson	
	Jim Lewandoski	
Silver	BBW	1:28:57
	Patty Bowman	
	Charlotte Berdahl	
	Carol Williams	